# **Histrionic Personality Disorder Test**

We Level Up



#### Welcome to the Histrionic Personality Disorder Test.

This brief assessment is designed to help you gain insights into your personality traits and behaviors, with a particular focus on histrionic traits. Please keep in mind that this test is not a diagnostic tool and cannot replace a professional evaluation.

Remember, the results of this test are for self-awareness and informational purposes only. If you have concerns about your mental health or believe you may have Histrionic Personality Disorder, it is essential to seek guidance from a qualified mental health professional.

Take a few moments to answer the following questions honestly, and let's begin the journey of self-discovery together.

\*By taking this free quiz, you may obtain your results online and in your email box. You'll have the opportunity to opt-in to learn more about your symptoms, talk to a mental health consultant and join our newsletter. Rest assured your information is private and confidential. Results, consultations and assessment are provided without any cost to you and without any obligation. If you do not wish to provide your contact information, you may omit it during your quiz. Thank you for opting in and participating. To you best of health.

#### Check the answer that identifies most of you

- 1. People accuse me of faking my emotions and feelings.
  - A. Very often
  - B. Sometimes
  - C. Rarely/Never
- 2. I take pride in my physical appearance and spend lots of time and energy on clothes and grooming.
  - A. Very often
  - B. Sometimes
  - C. Rarely/Never
- 3. I feel uncomfortable and upset when people don't pay attention to me.
  - A. Very often
  - B. Sometimes
  - C. Rarely/Never
- 4. My emotional reactions are stronger and more exaggerated than those of most people I know.
  - A. Very often
  - B. Sometimes
  - C. Rarely/Never
- 5. I'm told that I "fish for compliments" about my physical appearance.
  - A. Very often
  - B. Sometimes
  - C. Rarely/Never
- 6. I'm told that I have a flair for the dramatic.
  - A. Very often
  - B. Sometimes
  - C. Rarely/Never
- 7. I often and easily change my opinions based on what others say and do.
  - A. Very often
  - B. Sometimes
  - C. Rarely/Never
- 8. I typically take relationships more seriously than do my partners.
  - A. Very often
  - B. Sometimes
  - C. Rarely/Never

- 9. I am accused of being too provocative and/or acting in inappropriate, sexually suggestive manners.
  - A. Very often
  - B. Sometimes
  - C. Rarely/Never

#### **Check the results**

## Little or No Indication of Histrionic Personality Disorder

If your answers mostly consist of options (a), it suggests that you experience relatively little or no indication of Histrionic Personality Disorder. You generally have confidence in your abilities and recognize your accomplishments as well-deserved. However, this quiz is no substitute for a proper diagnosis from a health care professional and we would encourage you to schedule an appointment with your doctor or other mental health professional to address any concerns.

### **Moderate Indication of Histrionic Personality Disorder**

If your answers include a mix of options (a) and (b), it indicates a moderate-level of Histrionic Personality Disorder. While you may acknowledge your successes to some extent, you also experience occasional doubts and insecurities. We encourage you to schedule an appointment with your doctor or your mental health professional. We Level Up treatment center provides world-class care with round-the-clock medical professionals available to help you cope.

Get a Free assessment, Free consultation, and Free answers to your questions 24/7. Without any obligation. Simply call the toll-free number at the bottom of the page.

#### **Strong Indication of Histrionic Personality Disorder**

If your answers include a majority of (c.) your answers suggest that there is a strong indication that you are experiencing symptoms common among people with Histrionic Personality Disorder. You constantly doubt your abilities and have a persistent belief that you are a fraud, regardless of your actual accomplishments. However, this quiz is no substitute for a proper diagnosis from a health care professional. We encourage you to schedule an appointment with your doctor or your mental health professional. We Level Up treatment center provides world-class care with round-the-clock medical professionals available to help you cope.

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